



Navn Navnesen
Navne Navnesensveien 10
1122 Oslo

Date

Reminder

A while ago, we sent you some information about ColorectalScreen Norway. Together with the letter, you received a test kit to collect a stool sample. Since we haven't received any samples from you, we're sending a reminder.

Colorectal cancer is one of the most common cancers in Norway. Screening can detect colorectal cancer at an early stage before it causes any harm. The possibility of survival improves by early detection.

To participate, use the test tube that you received with the invitation.

If you need a new test kit, you can order this on helsenorge.no or by contacting us.

ColorectalScreen Norway is a public health service, and participation is voluntary. You can read about the pros and cons of colorectal screening on our website and in the information letter you received earlier. All of our letters and information about colorectal cancer is to be found on tarmscreening.no.

Kind regards

ColorectalScreen Norway



How do you participate?

- By sending us a stool sample in the enclosed sampling tube, you will be included in ColorectalScreen Norway. The procedure is explained in the instructions.
- It is **important that you check** the test tube that is enclosed. It should have your name and date of birth printed on it.
- If we have not received a test within 6 weeks, we will send you a reminder.



What happens after the test is submitted?

- **You will receive the test result** within 4 weeks regardless of the outcome
- If the sample does not show blood above the threshold value, we will send you a **new invitation in two years**. You will be sent a new test kit every two years, up to five times. You will not receive any more invitations after the age of 65.
- If the test shows that you have blood in your stool, you will be referred to a **colonoscopy examination** at a hospital.



Who should not participate?

If you are already participating in a colonoscopy surveillance due to cancer, polyps or inflammatory bowel disease etc., you do not need to participate in ColorectalScreen Norway.

If you have serious chronic illness, the disadvantages may be greater than the benefits of participating. If you are unsure whether this applies to you, you should ask your doctor for advice.



The information collected

The Cancer Registry of Norway collect relevant information related to screening examinations in accordance with the Cancer Registry Regulations. The information is used e.g. in the planning and sending of invitations, and for quality assurance, evaluation and research.

You have the right to permanently opt out from having your personal data relating to examinations with negative results stored in the Cancer Registry. By personal data, we mean your name, personal identity number, address, municipality of residence, marital status, municipality of birth and country of birth. Information about your rights and how to opt out can be found on our website: tarmscreening.no.



What does it cost?

The stool sample does not cost you anything. If you are offered a colonoscopy examination due to the test result, the ordinary patient schemes and user fees, exemption cards and patient journey regulations apply.

If you decide not to participate?

You decide whether you want to participate in ColorectalScreen Norway or not.

You can stop the invitations at any time. Read more on our website.



Any questions?

Go online on tarmscreening.no to find more information about the screening and colorectal cancer.

You can also call the Cancer Registry of Norway by phone: 22 45 13 00 (09:30–11:30).

